



INTRODUCTION

Message From Our Manager

As summer draws to a close, we reflect on a season filled with sunshine, smiles and special moments shared together. In this month's newsletter, we look back at some of the highlights from recent weeks, and share news of events and activities planned for the months ahead.

We hope you enjoy this update, and that it brings a little extra cheer to your day. If you have any suggestions, feedback or would like to get more involved with life here at St Margaret's, please do let us know. We always love to hear from you.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign Up](#)

Best wishes,

Kate

Kate Martin
Home Manager

WHAT'S BEEN HAPPENING?

Pet Therapy with Bailey

We have recently welcomed Anna and her dog Bailey from Therapet. Their visits have already brought plenty of joy and laughter to our residents. Pet therapy is known to provide comfort and companionship, and Bailey has quickly become a firm favourite with everyone.



Nursery Visits with Book Bug

The children from St Margaret's Nursery continue to bring great joy during their monthly visits. They join our residents for reading, singing and sensory activities as part of the Book Bug programme. These intergenerational sessions are always full of energy, fun and smiles.

Festival Theatre

Our residents recently enjoyed a series of dementia-friendly workshops at the Festival Theatre, including: *Song Writing Sprint*, *Hobby Box*, *Forget-Me-Notes Singalong*, *Tea and Jam*, *Tea and Blether*. These sessions have been a wonderful way to explore creativity, music and community in a welcoming environment.

A Warm Welcome to Pastor Pauline

We are delighted to welcome Pastor Pauline Robertson DCS from Newington Trinity Church of Scotland, who now visits St Margaret's on a monthly basis. Pastor Pauline leads hymn singing sessions and offers prayers for those who wish to join. Her visits bring comfort, peace and a strong sense of community to many of our residents.



NEWS & EVENTS

Celebrating Birthdays and Milestones

We have been marking recent birthdays with personalised cakes, gatherings and plenty of joy. Celebrations for Tony, Florence, Audrey and Audrey J have been particularly memorable, with family and friends joining in to create lasting memories.

New Staff Member & Farewell

We are pleased to introduce Andy Jones, who has joined us as our new Maintenance Person. Andy brings a wealth of knowledge and practical skills to the role, and he is looking forward to helping keep our home running smoothly.

We would like to extend our heartfelt thanks to Gordon Morrison, our Activities Co-ordinator, for his dedication and cheerfulness during his time at St Margaret's. Gordon is moving on to a new role in teaching, and we wish him every success in this exciting new chapter.

Welcoming New Residents

We are looking forward to greeting new residents who will soon be making St Margaret's their home. If you would like to learn more about living here, for yourself or for a loved one, please feel free to get in touch or simply drop in for a cup of tea and a chat.

Garden Renovation Project

We are excited to share that Masterton Property Services, a trusted local family business, will be working with us to enhance our garden spaces. With their experience, reliability and personal touch, we are confident our residents will soon enjoy even more beautiful and accessible outdoor areas. We look forward to seeing the transformation take shape.

COMING UP...

Dates for the Diary

Here are some of the activities and outings planned for the coming weeks:

- New Country Line Dance Exercise class
- New Boxercise class
- Trip to Craigies Farm
- Trip to Portobello
- Visit to Parkinson's Coffee Morning at Liberton Church
- Online Zoolab workshops, exploring unique and fascinating animals

Vaccination Campaigns

The Winter 2025 Flu and Covid-19 vaccination programmes will begin in late September. We will be in touch shortly with families and relatives to arrange consent. Thank you in advance for supporting this important health initiative.

Alzheimer Scotland Support Session

We are pleased to be hosting a Dementia Support Session led by a Dementia Advisor from Alzheimer Scotland. The session is open to carers, family and friends, and will take place on Tuesday 30th September at 2pm. Afternoon tea will be served, offering both learning and a chance to connect with others.



Alzheimer Scotland
Action on Dementia

EXTERNAL LINKS

Social Media

Make sure to check out the St. Margaret's Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)

